



# ***NARCAN Access for Job Sites & Overdose Response Training***

*Justin Crandol, MS, CSP, ARM, CRIS*  
SMACNA Director of Safety

&

Edmund M. Robison  
SMOHIT Field Representative



# Mental Health Resources

- SMACNA Efforts and Resources
- SMOHIT Efforts and Resources
- NARCAN Training



# SMACNA Efforts and Resources

- Safety Alliance Resources
- White House/CPWR Initiative



# Safety Alliance Resources

- Video Podcasts for Safety Week
  - [Mental Health](#), Alex Kopp, TAUC
  - [Opioid Awareness](#), Justin Crandol, SMACNA
- Suicide Prevention in the Construction Industry: Know the Signs and Help a Life

[Play Recording](#)  
[Additional Resources](#)

[Download Presentation](#)



# Safety Alliance Resources



Suicide Prevention Poker Chips



Quantity: \_\_\_\_\_

Company Name and Contact Person: \_\_\_\_\_

Shipping Address: \_\_\_\_\_

Suicide Prevention Hard Hat Stickers



Quantity: \_\_\_\_\_

- [SMACNA Suicide Prevention Hardhat Stickers and Chips—ORDER FORM \(office.com\)](https://www.office.com)
- Distributed over 25,000 Chips and 10,000 Stickers
- Distributed through 15 chapters and dozens of requests



## White House/CPWR Initiative

- White House NARCAN project – The White House has an initiative to increase training and access to opioid overdose reversal medications (OORM) with a focus on 3 goals:
  - o training employees on OORM,
  - o keeping OORM in first aid kits at worksites,
  - o and purchasing and distributing OORM to employees for at-home or at-community use.



## White House/CPWR Initiative

- The Safety Alliance participated on stakeholder call with the HHS Secretary to discuss Narcan efforts
- WH Recognition of the Safety Alliance Efforts –  
<https://www.whitehouse.gov/savelivesfromoverdose/>

# SMOHIT Efforts and Resources

## SMOHIT Contacts



**Aldo  
Zambetti**  
Administrator

 (412) 996-4644  
[azambetti@smohit.org](mailto:azambetti@smohit.org)

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Helpline (877) 884-6227  
National Suicide & Crisis Lifeline 988



**Jeff  
Bradley**  
Program Director

 (314) 575-3777  
[jbradley@smohit.org](mailto:jbradley@smohit.org)

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Helpline (877) 884-6227  
National Suicide & Crisis Lifeline 988



**Chris  
Carlough**  
MAP Program Coordinator

 (202) 262-3722  
[ccarlough@smohit.org](mailto:ccarlough@smohit.org)

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Helpline (877) 884-6227  
National Suicide & Crisis Lifeline 988



**Edmund M.  
Robison**  
Field Representative

 (217) 836-5524  
[erobison@smohit.org](mailto:erobison@smohit.org)

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Helpline (877) 884-6227  
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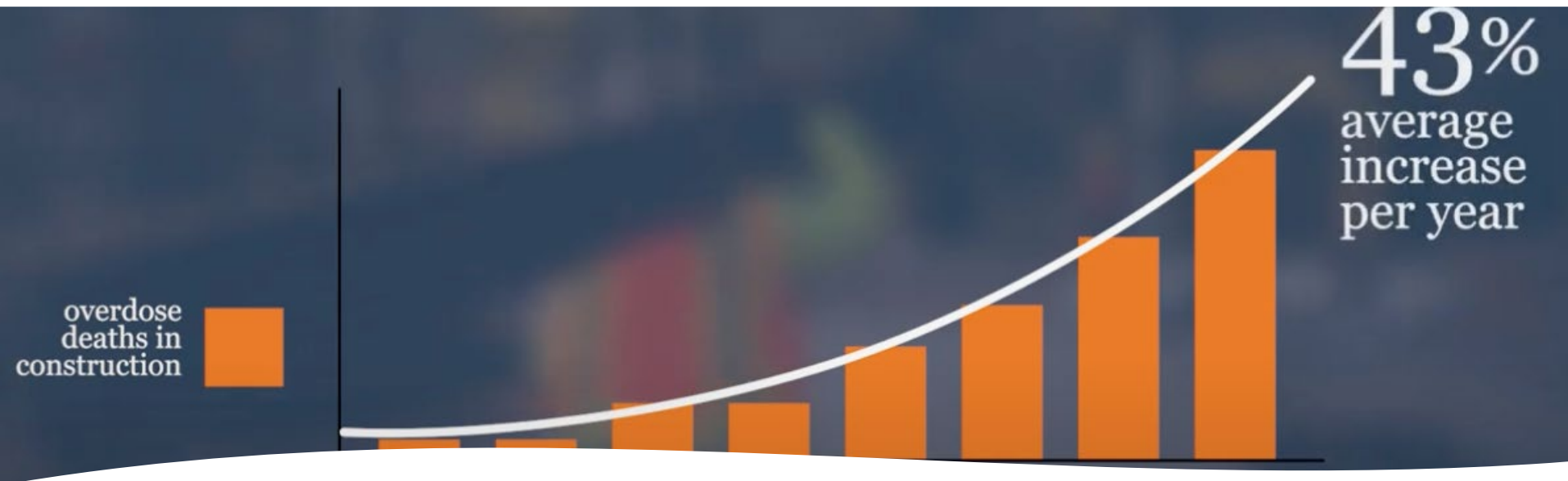
# map

MEMBER ASSISTANCE PROGRAM



# Naloxone Saves Lives

Naloxone training-Ed & Chris



## Opioid Crisis in Construction

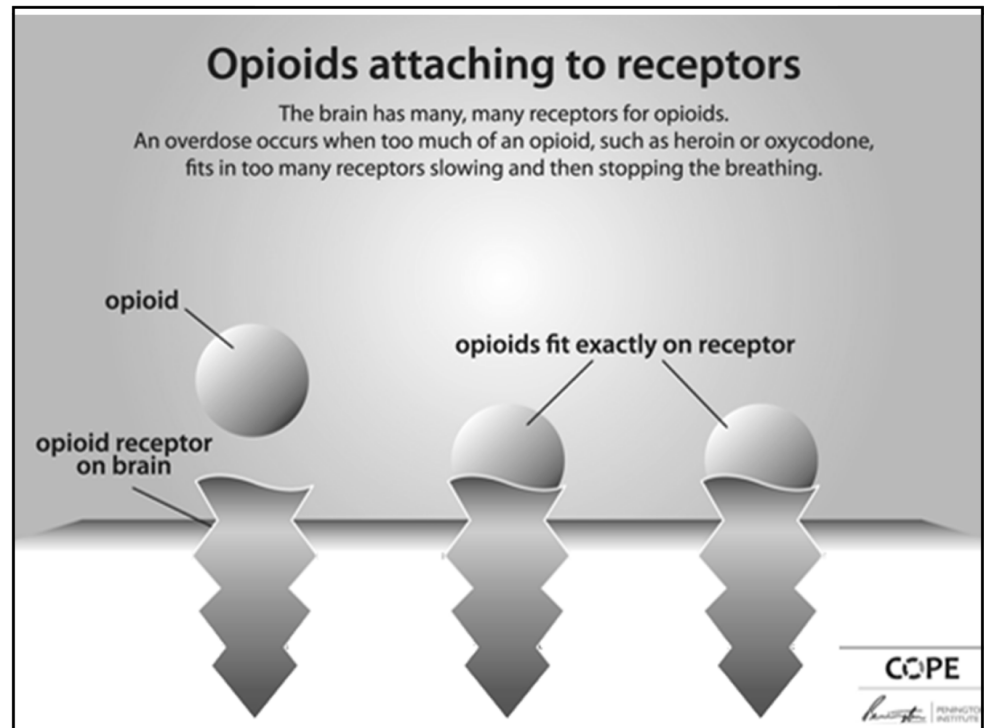
- Construction workers are five times more likely to have an overdose than people working in other industries.
- Between 2010 and 2016 the number of overdose deaths among construction workers went up!



## Why are construction workers at risk?

- Almost a quarter of all overdose deaths in construction involve legal prescription painkillers given by doctors to help with pain.
- Construction work can be tough on our bodies, causing pain from injuries or just hard work. Doctors sometimes prescribe strong painkillers like OxyContin or Vicodin. But these medicines are dangerous if not used correctly.

# What Is an Opioid Overdose?





## Symptoms of an Opioid Overdose

- Slow, shallow or stopped breathing
- Sleepy and unable to talk, or unconscious
- Lips or fingertips turning blue
- Pale/grayish skin
- Loud snoring or gurgling sounds

# What is Naloxone (Narcan)?

- Naloxone is an opioid antagonist that can reverse the effects of an opioid overdose. Usually available as a nasal spray medication.
- It works by blocking the effects of opiates on the brain and by restoring breathing. Naloxone will only work if a person has opiates in their system. It does not work for other drug induced overdoses.
- There are different brands of Naloxone. Narcan is a “brand” name of Naloxone.
- In most states, Naloxone nasal spray can be purchased over the counter at your local pharmacy.



# How to administer Naloxone nasal spray

## Peel - Place - Press



[CDC How to Use Naloxone Nasal Spray Video Link](#)

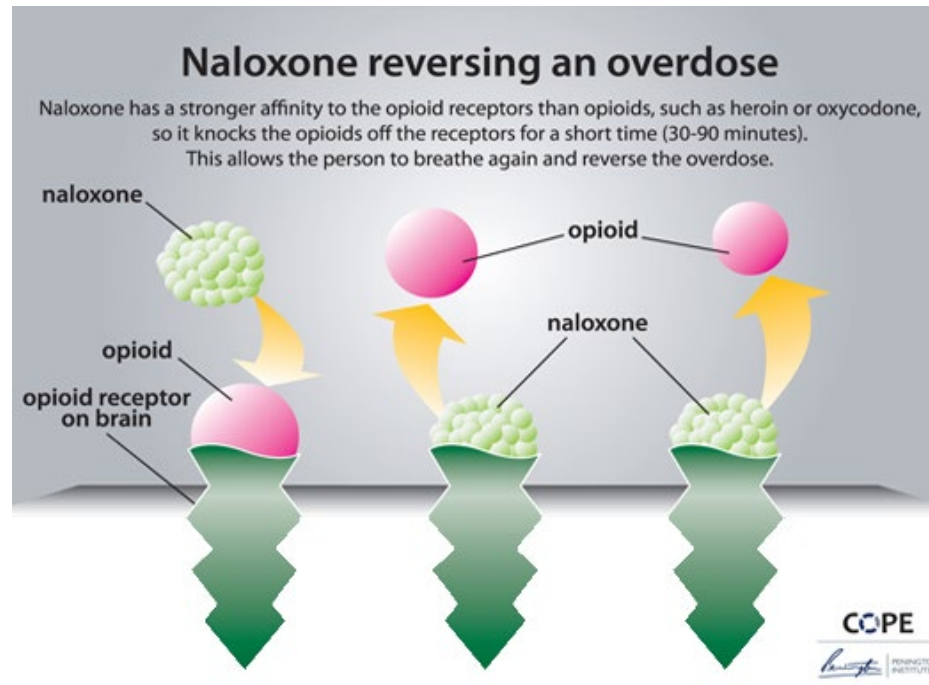


# How to respond to an opioid overdose

1. Call 911
2. Use Naloxone nasal spray as fast as possible
3. Try to keep the person awake and on their side.
4. Provide CPR if needed.
5. Stay with the person until medical help arrives.



# Naloxone (Narcan)



# Patient Revival

**After a patient wakes up, they may:**

- Be startled
- Be irritated and want to move around or even leave the area

**How to help:**

- Talk to them calmly
- Explained what happened



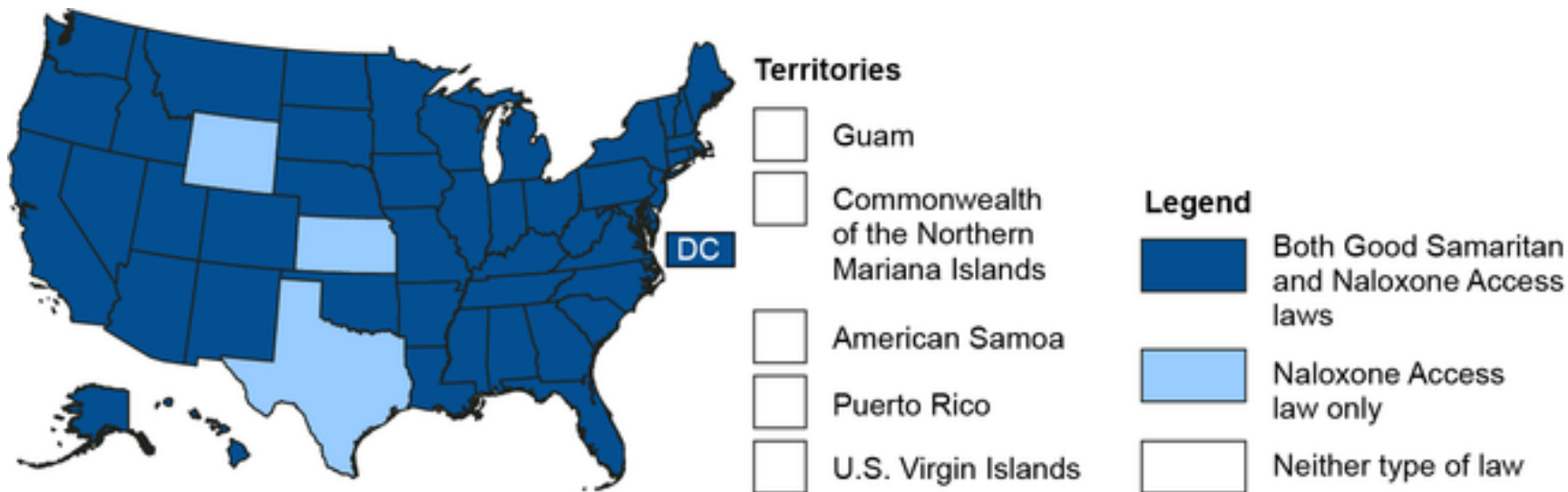
# Good Samaritan Laws

Numerous states have enacted Good Samaritan laws designed to safeguard individuals who seek assistance in the event of an overdose.

These statutes may provide legal immunity, even if one possesses drugs at the time of seeking help.

Additionally, they may extend protection to those rendering aid during an overdose. It is advisable to familiarize yourself with the specifics of these laws in your jurisdiction.





Source: GAO analysis of jurisdiction laws. | GAO-21-248

# How to prevent opioid use?

1

Create a pain management plan with your medical provider.

2

Request non-addictive pain medications.

3

Request physical therapy/massage therapy or chiropractor

SMOHIT  
Helpline



QUESTIONS?



Justin Crandol, MS, CSP, ARM, CRIS - [jcrandol@smacna.org](mailto:jcrandol@smacna.org)